



2275 County Road 24 | Swain, NY 14484 | 607.545.6511

As we get closer to our Swamp Stomp event, the health and safety of our guests and race participants, as well as our staff, is of the utmost importance. We have devised the following plan to keep everyone safe during the event and ensure the enjoyment and health of everyone involved. Please take a moment to read through the following statement so that you will know what to expect on race day. We look forward to seeing you all at the event!

REGISTRATION

We have added separate entrances and exits to ensure proper social distancing and spacing. We have also added hand washing stations at each entrance and prior to registration. Please be sure to take advantage of these. There will also be extra hand sanitizers at high traffic areas, including the bathrooms. Be sure to also follow all signs and keep six feet of distance between yourselves and others.

***Don't forget all race participants will need photo ID to check in for the race.**

MASKS

Our staff will be equipped with proper PPE, including masks and gloves as appropriate. We will require all race participants, spectators and guests to wear a mask in all high traffic areas, including registration areas, the lodge and bathrooms, and when picking up and ordering food.

GETTING STARTED

Please be prepared to run at your assigned start time. However, we will be starting each heat in groups of no more than ten people per group and staggering start times every few minutes to ensure limited crowding on the course.

MISCELLANEOUS REMINDERS

Don't forget we have a bag check for your items. These will be sterilized and kept safe during the run. The bag check is available for \$3/bag.

We will have food available after the run. Please remember to sit and wait for your number to be called before retrieving your order to prevent crowding at the counter.

For more information on how we are handling COVID-19 at the resort, please [click here](#) to view our [full response](#).